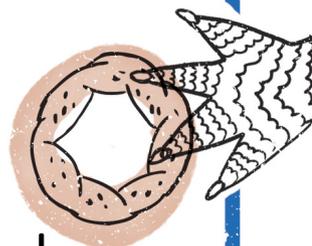




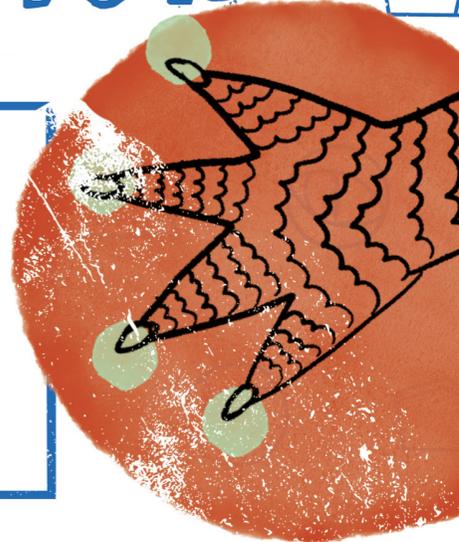
Kraków



My school

SUPER MISSION



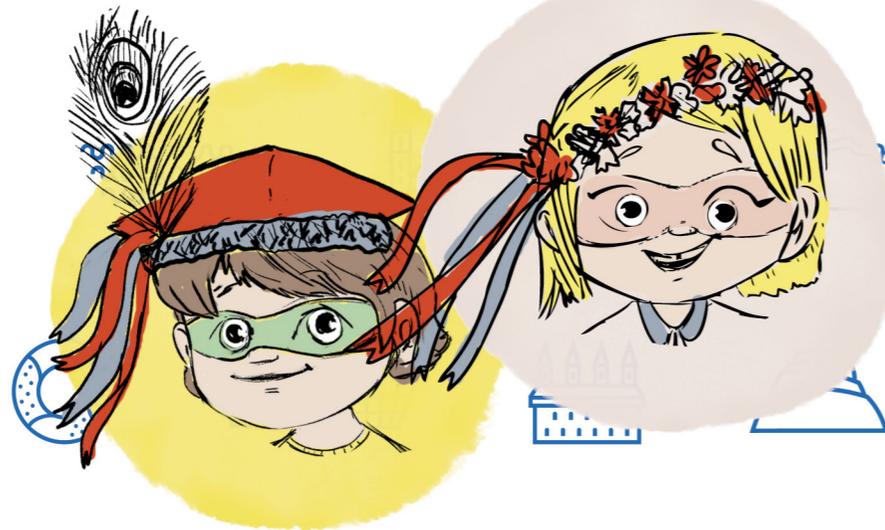


My school
SUPER MISSION

.....
.....

First graders,
let's go!

A special day is upon you - the first day of school.
Now it's up to **YOU ALONE** whether the upcoming days,
months and years will be about something more than
just learning, they can also become a great adventure
and fun. And today, start **YOUR SCHOOL SUPER MISSION**
with our **SUPERHEROES** - let's make the world
a better place every day!

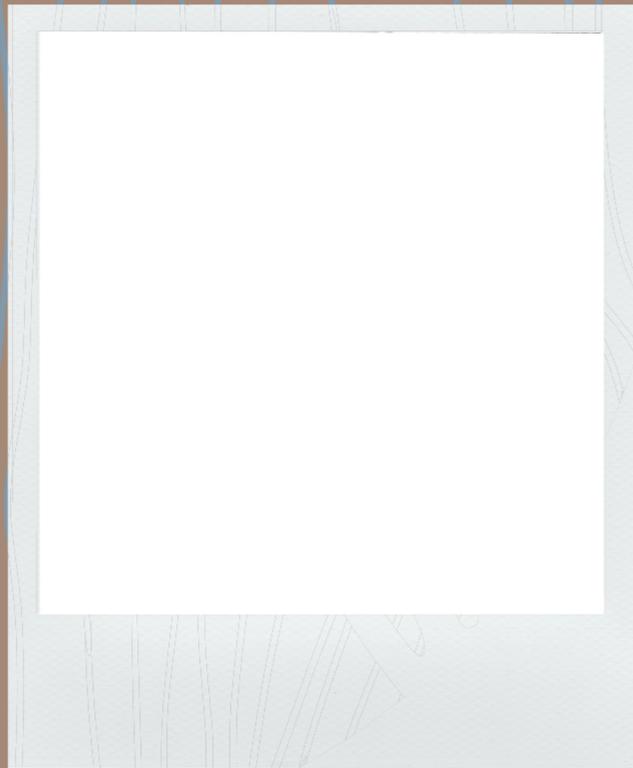


-  New message!
-  **EDUCATION** adventure
-  Save the planet!
-  Safe Krakow
-  Be culturally **COOL**
-  A healthy mind
in a healthy body
-  I'm green!
-  Check how awesome...
it is to be **AWESOME!**

SUPER task

Ask your loved ones about what memories they have from their first day of school.

Do they have pictures that they could show you? Draw what they looked like when they were your age.



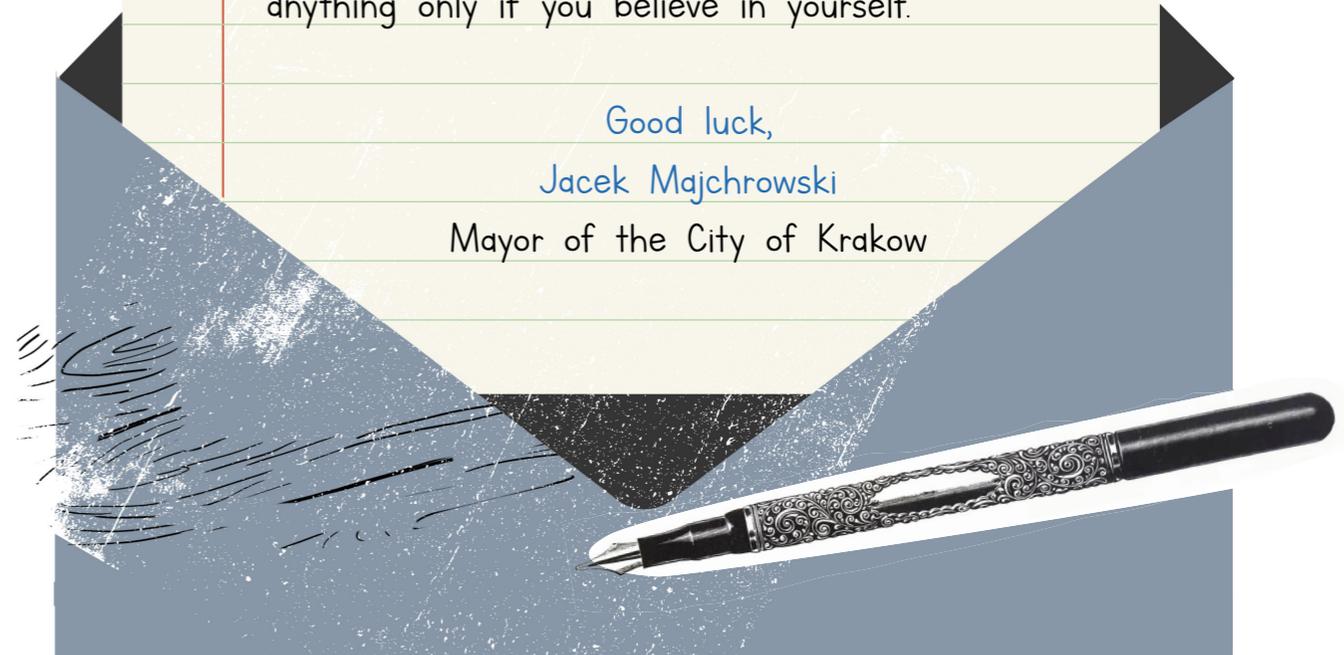
New message!



Dear First Graders!
Boys and Girls!

The first day of school is a special moment in the life of each and every one of us. I am convinced that you will successfully develop your passions at the school you are about to start learning. I hope you find your new talents and meet new friends here. Make sure you enjoy learning and remember that you can achieve anything only if you believe in yourself.

Good luck,
Jacek Majchrowski
Mayor of the City of Krakow





EDUCATION adventure

After kindergarten, it's time for primary school!
Your great school adventure is about to begin.

When you finish primary school, you can
go on learning at a high school,
technical school or vocational school.
The path you choose depends on you!



vocational school



high school



technical school



SUPERADVICE

Develop your interests
- this way you will discover not only
what makes you happy, but also
what you want to do in life.



kindergarten



primary school



Before leaving the house...

I eat healthy,
I live healthy!



SUPER ADVICE

Drink a lot of water to feel good all day long. Remember that we drink tap water in Krakow! Use a refillable water bottle for it every day - you'll take care of the environment and you will always have the delicious water on hand.



WE DRINK WATER STRAIGHT FROM THE TAP IN KRAKOW!



SUPER task
Remember to eat healthy products. Make a sandwich with healthy products that you can take with you to school - draw a picture of the ingredients that are good for our health. And then try to prepare the sandwich with your parents and see for yourself... whether making a sandwich using, for example, the Krakow bagel, is an easy task.



Remember that the sandwich is to be wrapped in paper and not packed in a plastic bag!

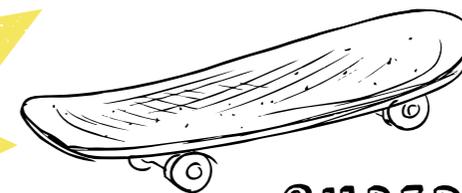
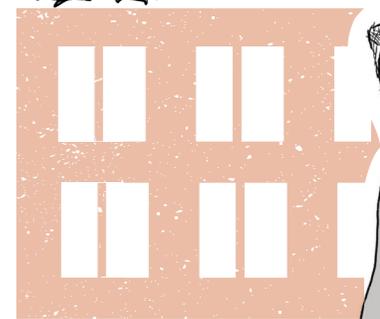


After preparing a delicious and healthy breakfast - go to school!

In Krakow students ride for free on trams and buses during the school year.



On the way to school...



SUPERADVICE

Remember that you can reach your school using different means of transportation. By tram, bike, scooter or on foot... Or perhaps a skateboard?

You are already a student of a Krakow primary school
- something to be proud of! From now on with new friends,
you are one SUPERTEAM!

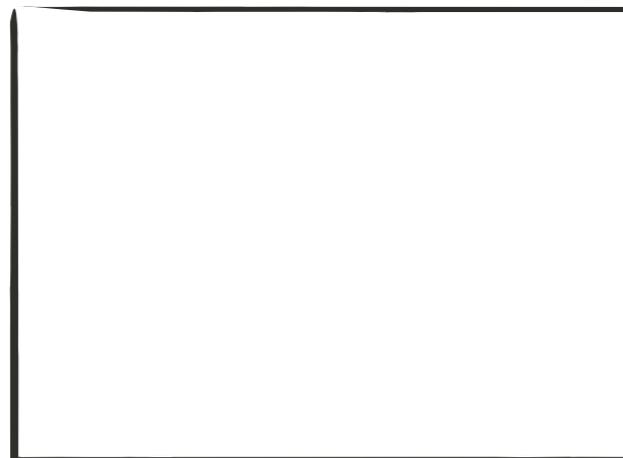
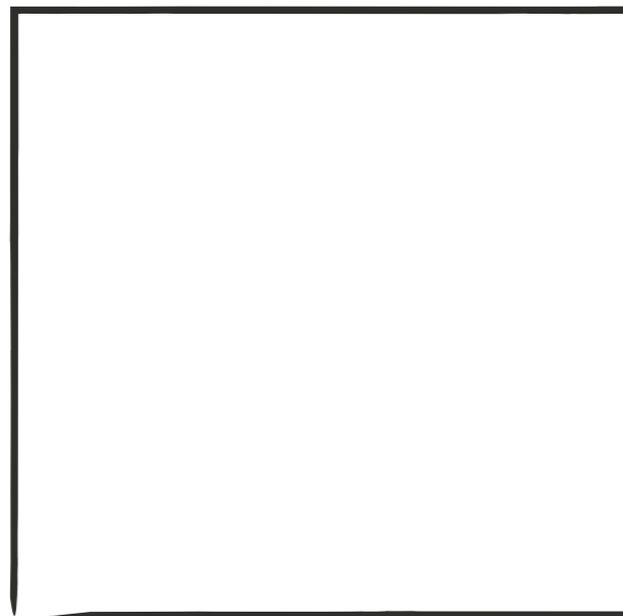
SUPERtask

Remember to talk to others using
POSITIVE WORDS every day:

"Smile", "I like you",

"Thanks for your help!".

Draw pictures showing
that everything around us is nice,
when we are nice to each other! :)

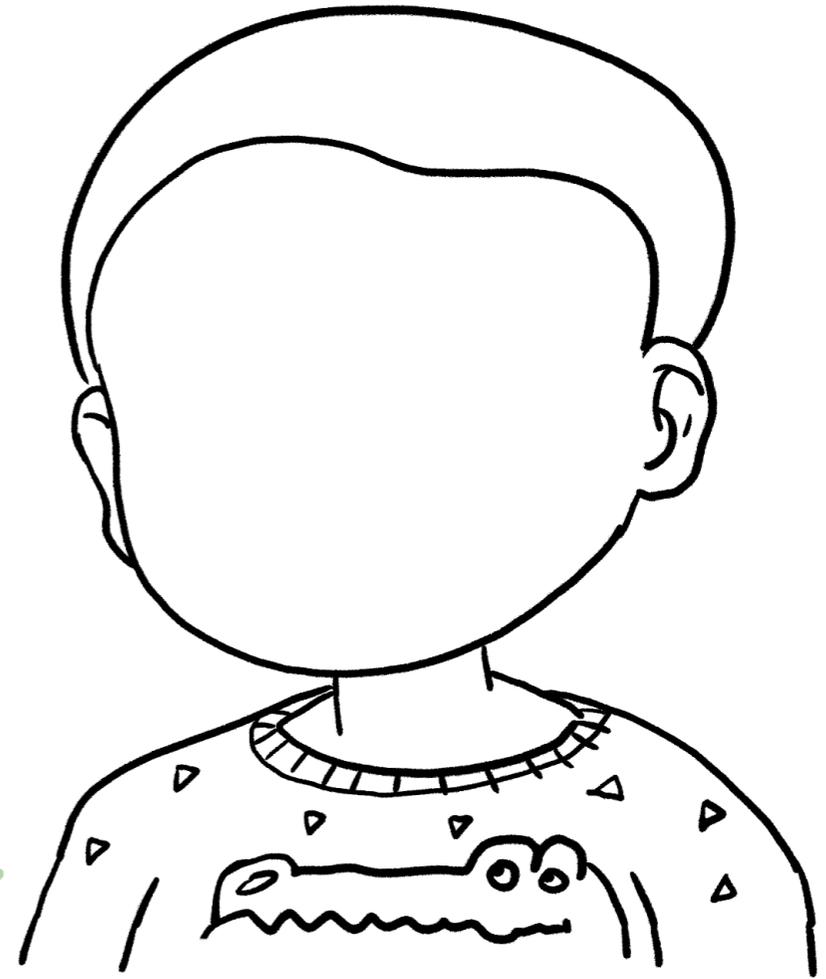


SUPER task

And now... draw
your new, school friends!
What are their names?



This is



This is



Save the planet!

Do you know that you also have a SUPER POWER as a first grader? You can do a lot yourself to save our planet.

THIS IS SUPER EASY: separate your trash when you are at school and in other places. Remind your colleagues to do the same. Do not use plastic. Carry a canvas bag with you, you never know when it comes in handy.



SUPER task

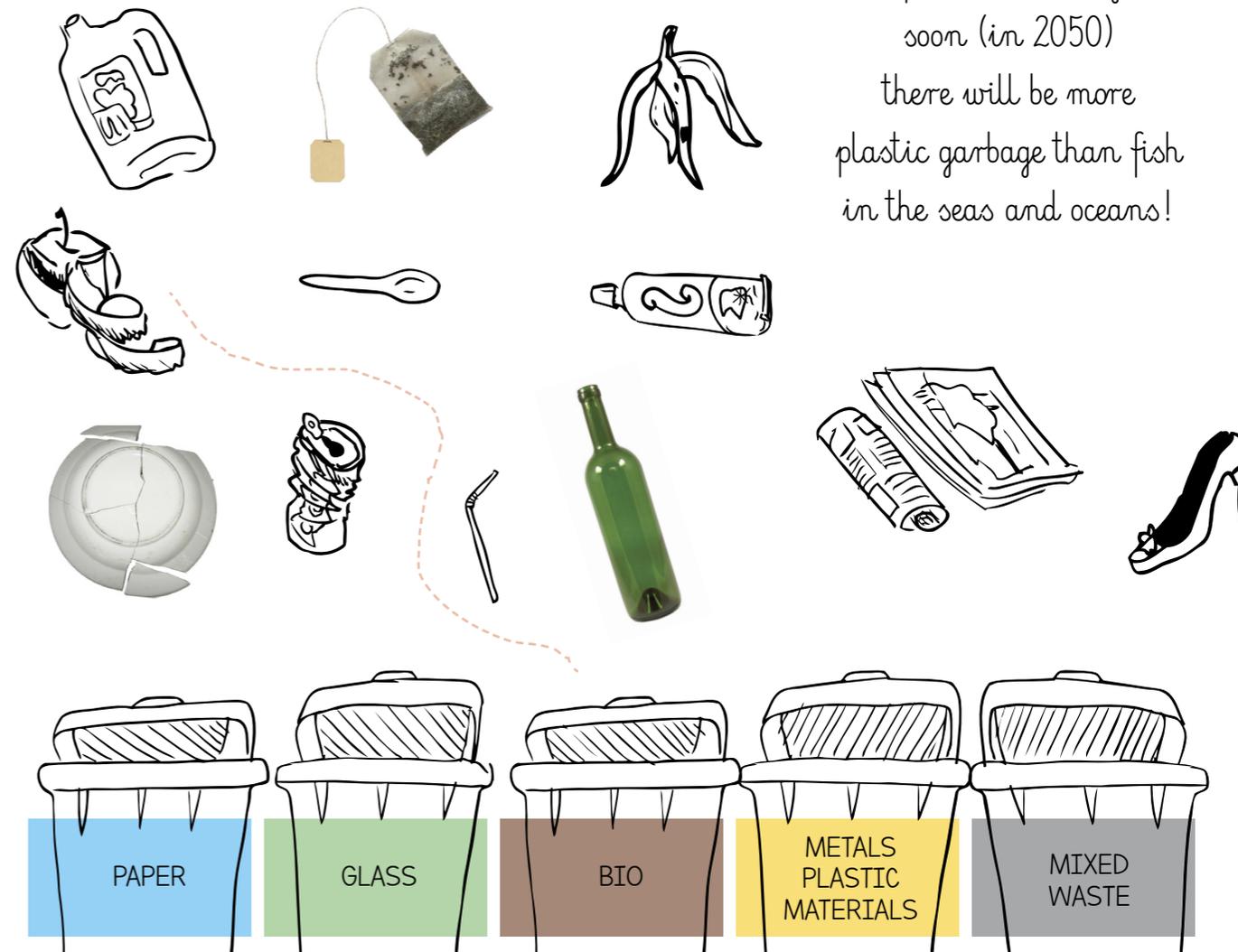
Separate the trash so that it all goes into designated containers.



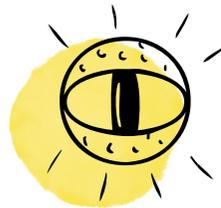
SUPER INTERESTING



If we do nothing, soon (in 2050) there will be more plastic garbage than fish in the seas and oceans!



Sort your trash!



Safe Krakow

Remember to stay safe during your school super mission time. Always remember that, regardless of where you are - on the way home, at school or on a pitch.



Play football on a pitch or in another safe place, not on the street!



Cross only when the light is green!



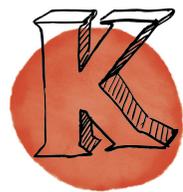
Watch out for passing cars!



Be careful! On the way home, do not play with your phone!

On the way home...

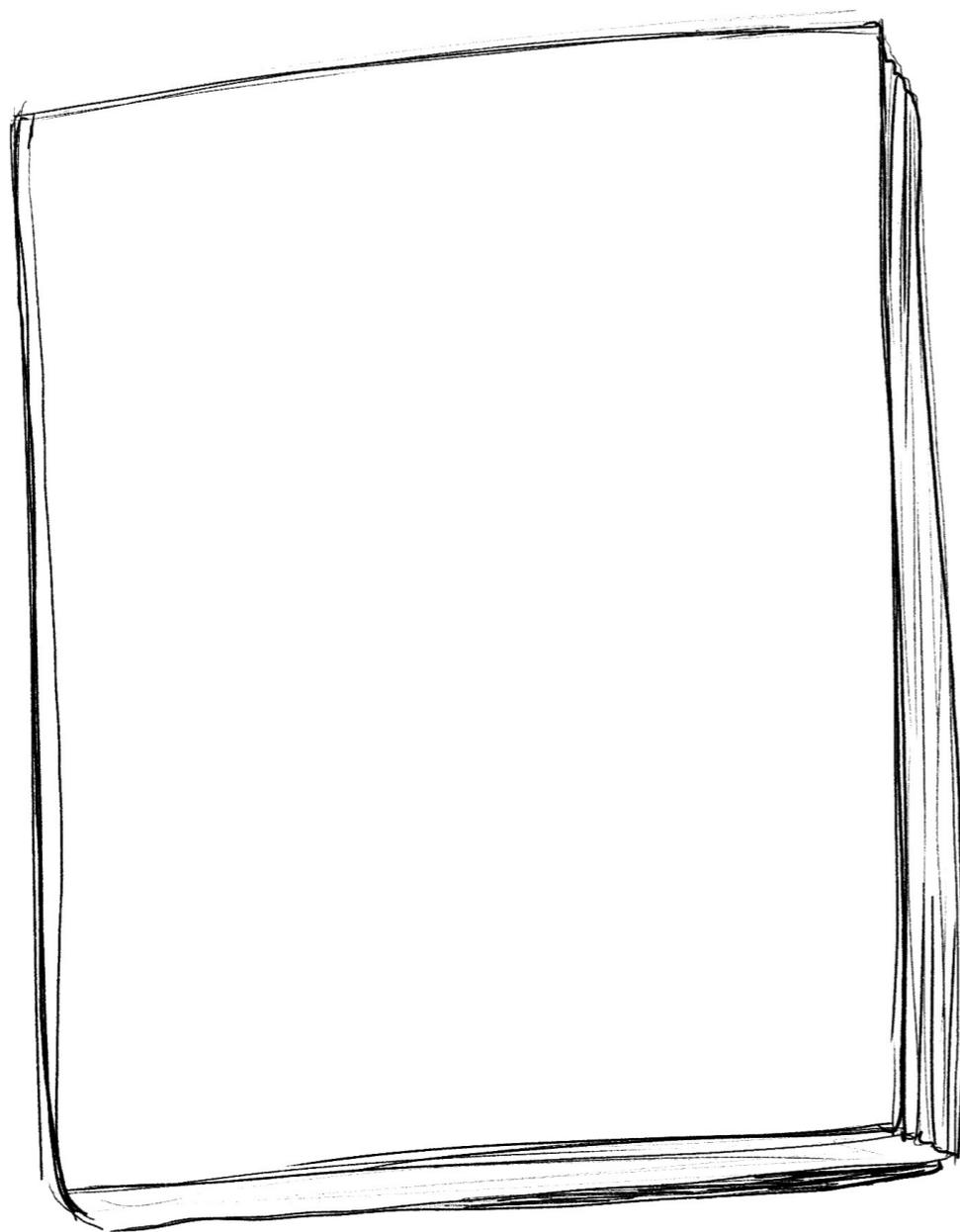




Be Culturally COOL

You are already a student and soon you will acquire a **SUPER**SKILL, READING.

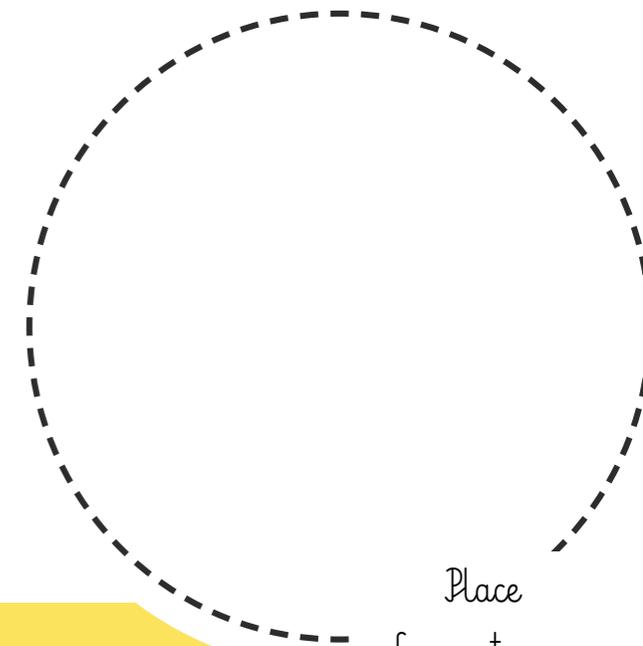
Thanks to books you will be able to enter a completely different world. You will discover unique characters and their stories.



SUPER task

Design the cover of your first book.

Reading - my new SUPERPOWER



Place for a stamp

SUPER task

Find a library near your home, borrow a book and get a stamp.



Up to now, parents or grandparents have read books to you, soon the roles will be reversed - you will learn letters and you will be able to read yourself! Isn't that wonderful?

SUPER task

Color the pictures. Try to find at least 10 differences.

SUPER task

Oops... our superheroes' dachshund was a little rascal. He jumped onto the bookshelf and made a mess. Join the letters and find out what word has fallen to the ground.



The word is

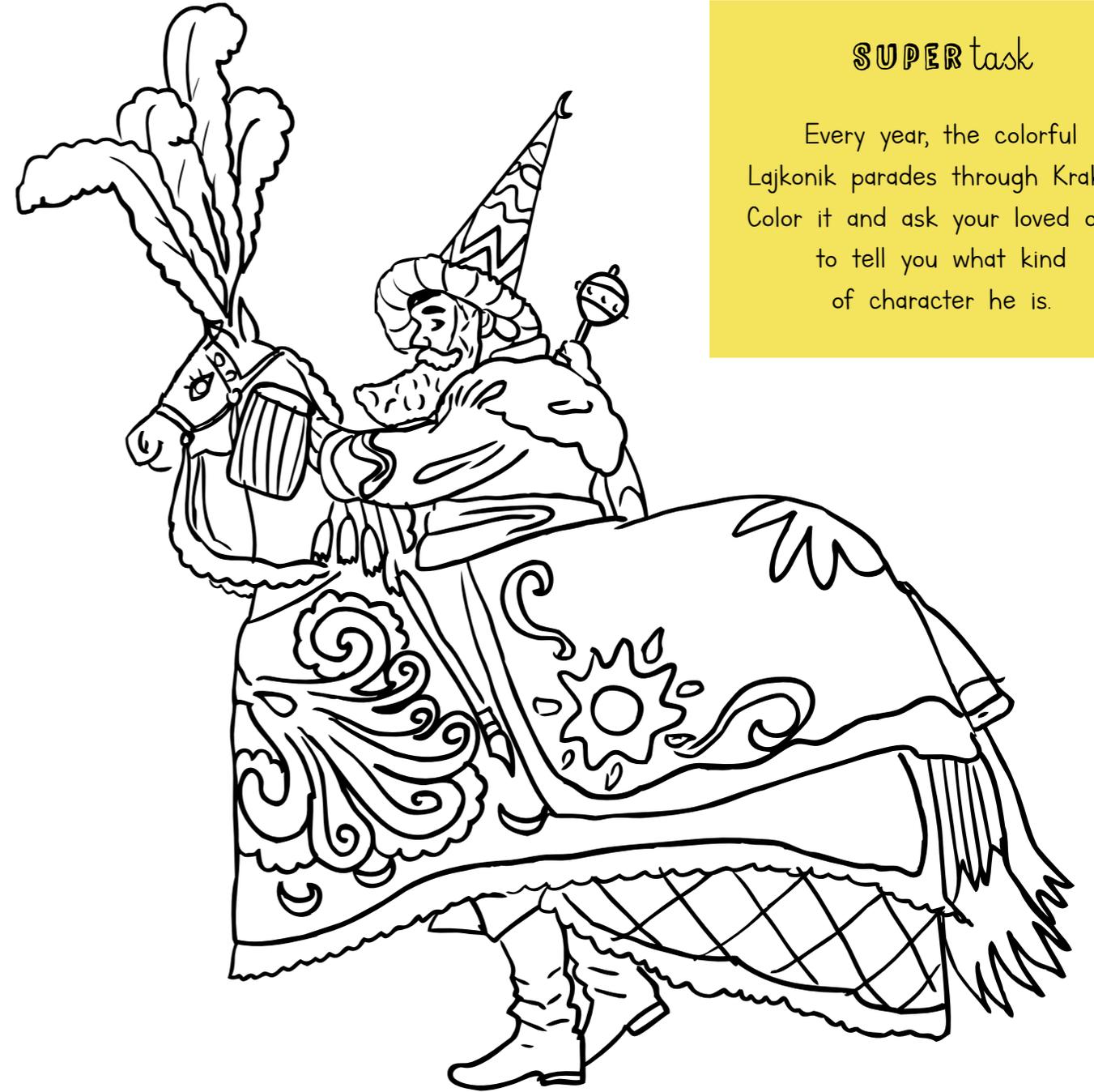
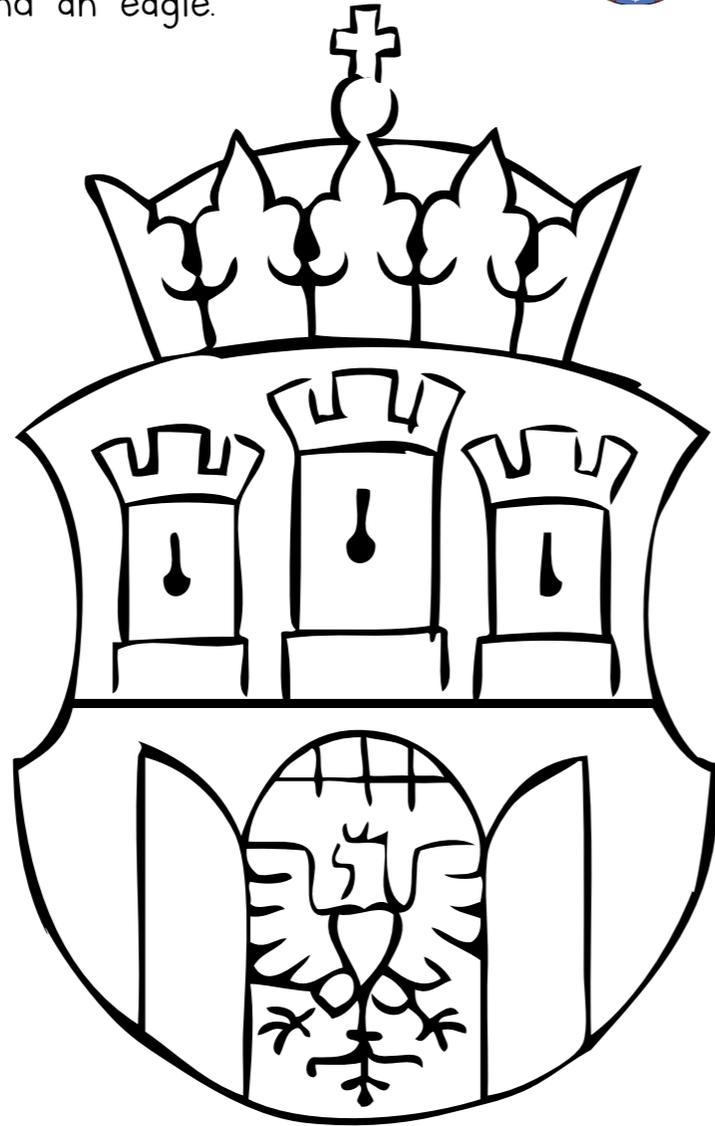
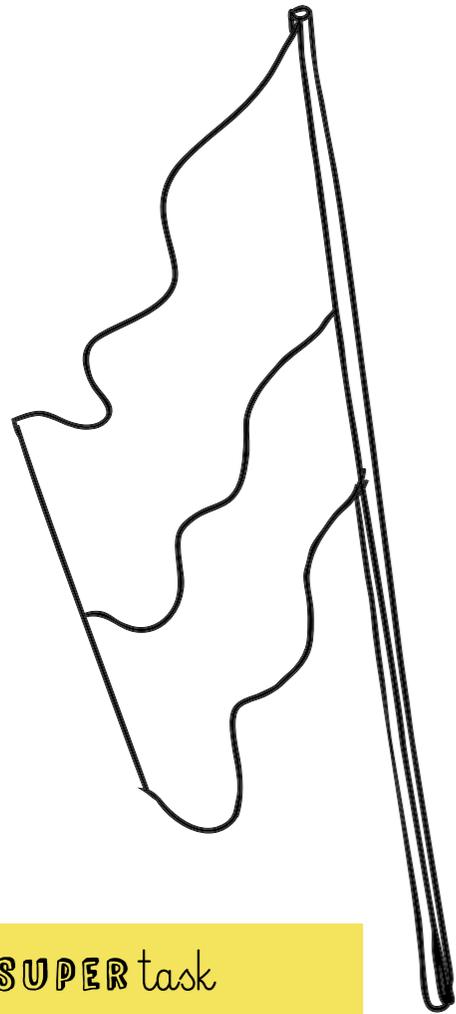
SUPER task

What do you associate with this word? Can you recognize the elements associated with Krakow that you can see in the pictures?

Krakow means unique places and monuments.

These are also symbols important for all of us:

the white and blue flag and the coat of arms depicting the city walls with three towers and an eagle.



SUPER task

Every year, the colorful Lajkonik parades through Krakow. Color it and ask your loved ones to tell you what kind of character he is.

SUPER task

Color the coat of arms and the flag of our city.



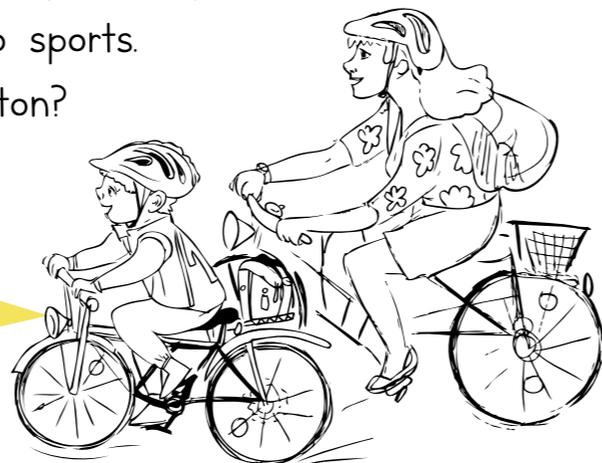
In a healthy body, healthy mind

Everyone knows that sport means health.
We should take at least 8,000 steps a day
(will you count?), and also do sports.
Football? Cycling? Badminton?

I play football
at the Municipal
Sports Center...



KOLNA



We already have more than 220 kilometers
of bike paths in Krakow!



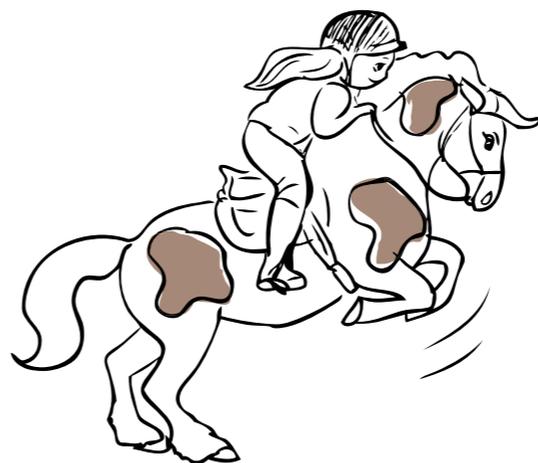
SUPER
task

And now ... color the sports
that you believe can be
a great adventure when practiced.



Every child knows:
do you want to be healthy?
Move!

...and I play hockey
at Siedleckiego!



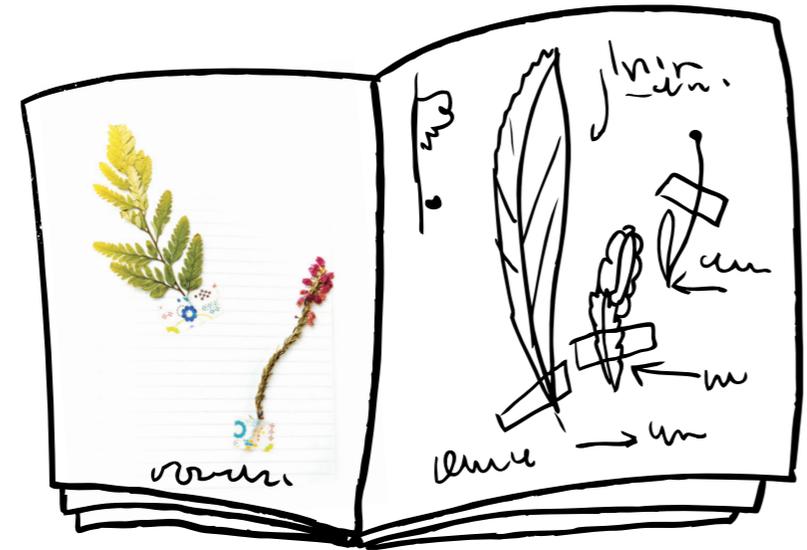


I'm green!

After school, you can relax in a garden or in a park. Watch animals and the changing nature. Hone your senses during the walks to hear bird treble and leaf noise. And finally - do something good for nature.

For a good start: four tasks for you, one for each season.

AUTUMN



Collect leaves in the park, dry them and glue them into a notebook.

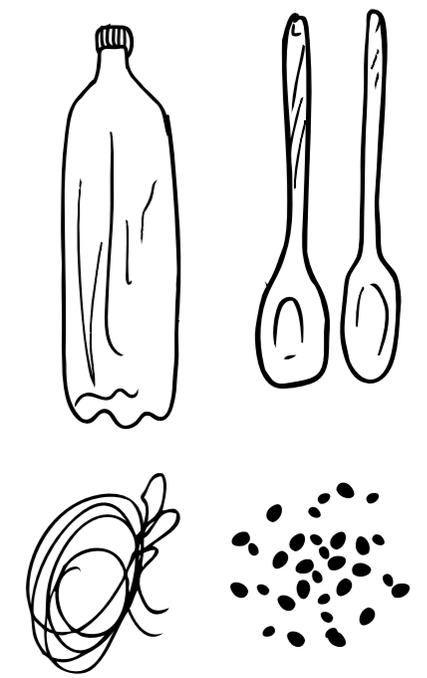


SUPER task
Make a herbarium with colorful leaves

WINTER



Cut holes in a plastic bottle and attach wooden spoons to it, birds will be able to sit on them. Throw in some delicacies for them, it may be wheat or sunflower seeds.

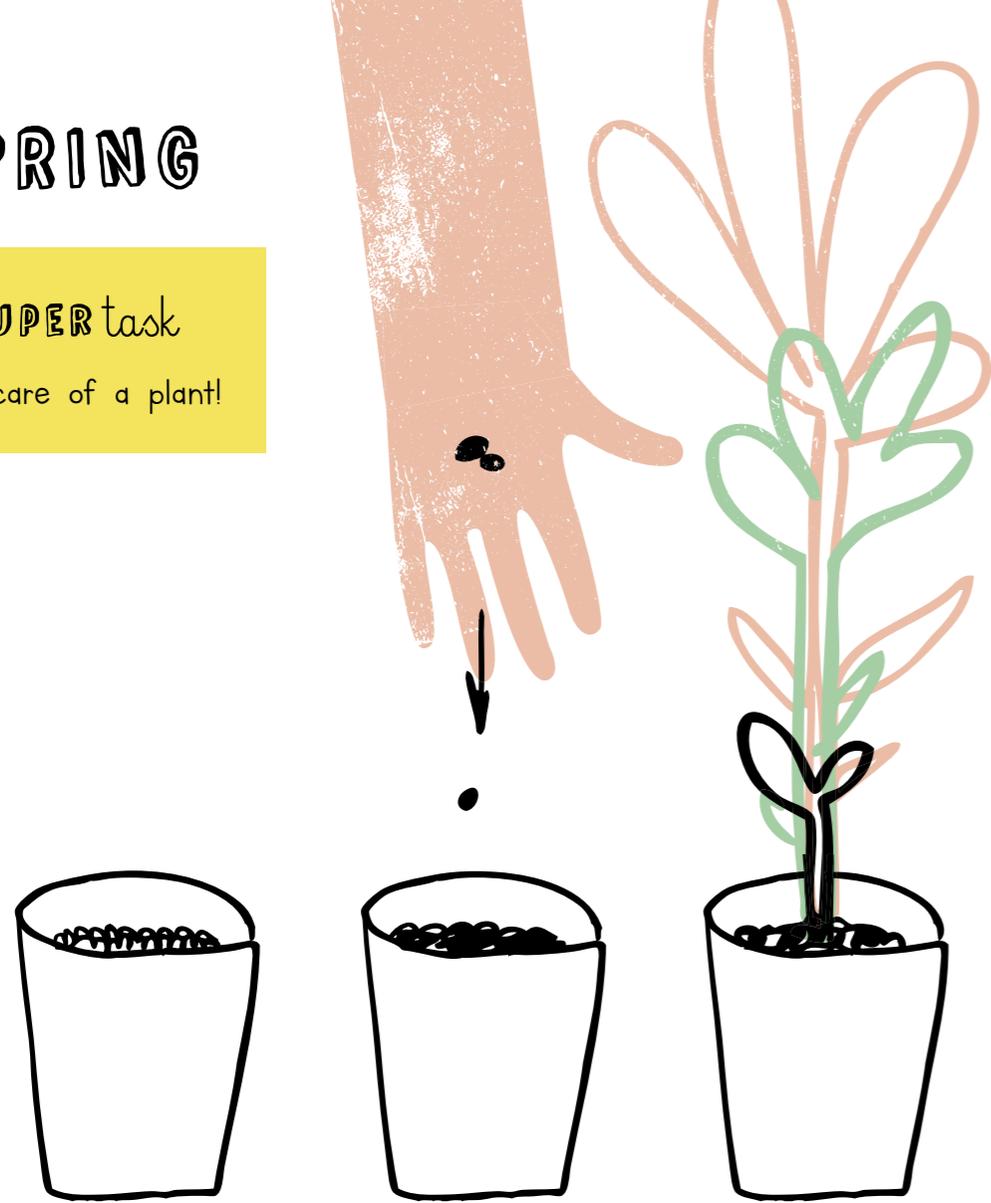


SUPER task
Make a bird feeder and hang it on a tree or balcony with an adult's help.

SPRING

SUPER task

Take care of a plant!



Time to sow your favorite plants!
Drop a seed into a container with soil,
and then watch it grow!



SUMMER

SUPER task

Put a bowl outside with water
for thirsty pigeons (and other birds)!



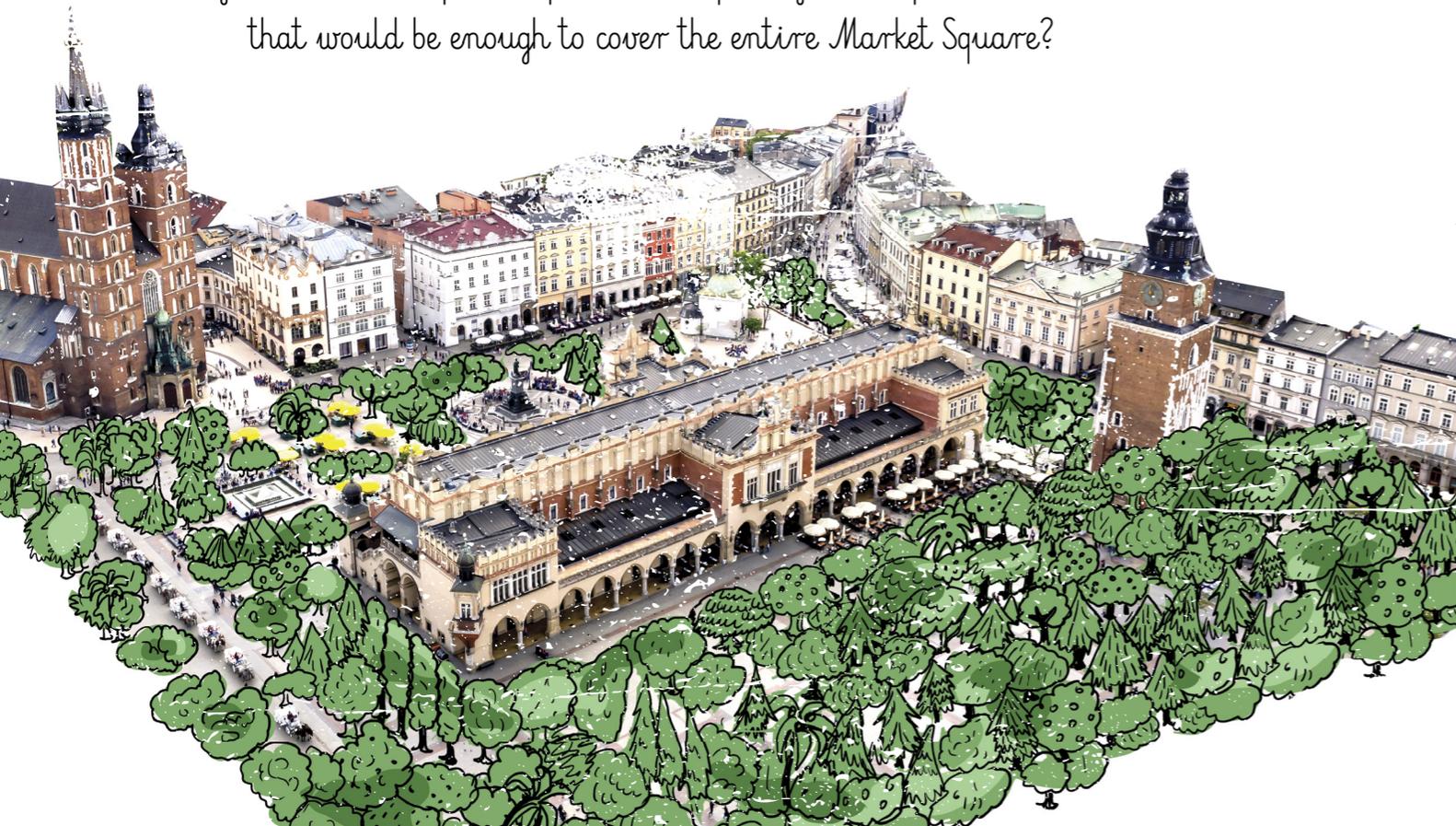
Take a bowl, pour cold water and put it outside.
Remember to put it in a place accessible
for our winged friends.



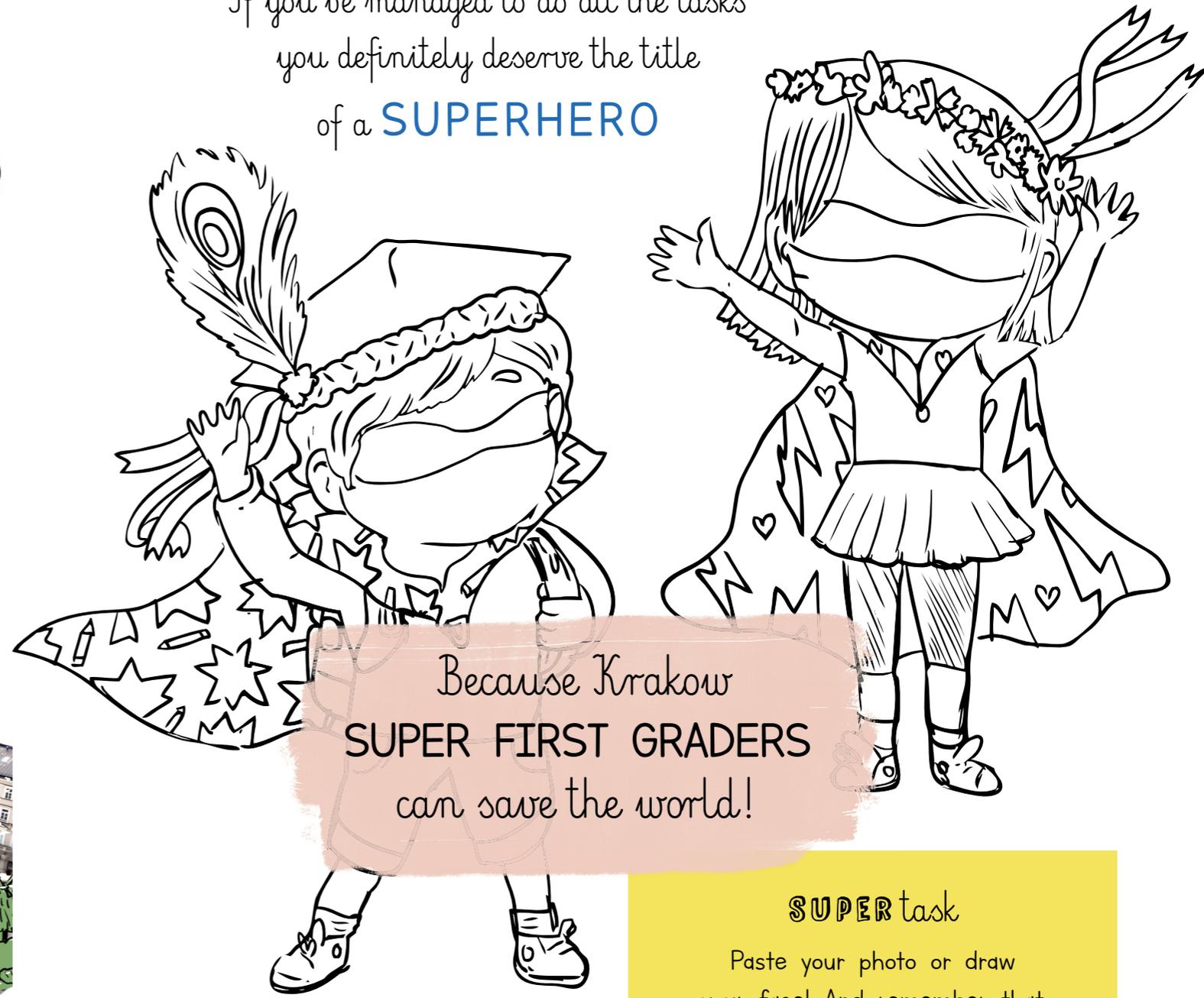


SUPER INTERESTING

Do you know that if each of the 8,000 first-graders planted one tree that would be enough to cover the entire Market Square?



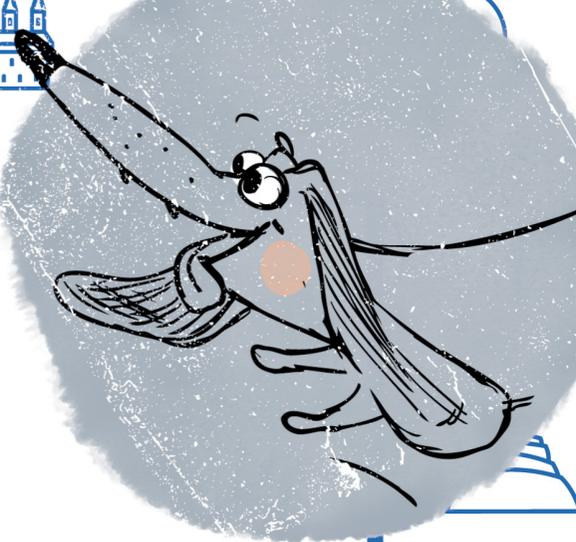
If you've managed to do all the tasks you definitely deserve the title of a **SUPERHERO**



Because Krakow **SUPER FIRST GRADERS** can save the world!

SUPER task

Paste your photo or draw your face! And remember that you can do a lot alone!



More useful information for Krakow first graders and their parents:
www.portaledukacyjny.krakow.pl/supermisja

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Good luck!