



What you should know about the coronavirus

2020-03-27

In view of the occurrence of the virus cases in recent weeks in China, Iran, Italy, South Korea and other countries, with symptoms such as fever, coughing, shortness of breath and breathing problems, we present recommendations from the sanitary services on how to deal with suspected coronavirus infection.

If you have been in **one of the areas affected by the SARS-CoV-2 coronavirus epidemic in the last 14 days** (the current list of countries where the cases were recorded is available at: who.int, ecdc.europa.eu) and you have observed symptoms such as: **fever, coughing, shortness of breath and breathing problems**, immediately call a sanitary and epidemiological station or report to the infectious diseases ward or observation and infection ward, where further **medical treatment** will be determined.

Emergency calls

From Monday to Friday, from 7.30 a.m. to 3.05 p.m., you should call the numbers of the Poviats Sanitary and Epidemiological Station in Krakow, located in ul. Makuszyńskiego 9:

Headquarters: 12 644 91 33, 12 644 93 72, 12 644 99 64, 12 684 40 35, 12 684 40 99,

or 24-hour emergency calls **+48 600 876 214** or **+48 602 263 605** – only one of the numbers given is active during each shift.

Departments of Infectious Diseases in Krakow

University Hospital in Krakow – Department of Infectious Diseases, ul. Jakubowskiego 2, 24 hour number to reach the doctor on duty in the infectious diseases department: **12 400 20 00**.

Stefan Żeromski Specialist Hospital SP ZOZ in Kraków – Infectious Diseases Department, os. Na Skarpie 67, 24 hour number to reach the doctor on duty in the infectious diseases department: **12 622 93 53**.

If you visited one of the areas affected by the SARS-CoV-2 coronavirus epidemic in the last 14 days and **have not observed the above mentioned symptoms**, monitor your health for the next 14 days, i.e. measure your body temperature every day and pay attention to the occurrence of flu-like symptoms (fatigue, muscle pains, coughing).

If after 14 days of self-observation the above mentioned symptoms do not occur, you can discontinue the monitoring. However, if within 14 days of self-observation you observe these symptoms, notify the sanitary and epidemiological station immediately by phone or report to an infectious diseases department, where further medical procedures will be determined.



**Magiczny
Kraków**

If you have had contact with a person who is sick or infected with the SARS-CoV-2 coronavirus, please call the sanitary and epidemiological station immediately.

Additional information is available at <https://www.gov.pl/web/zdrowie/coronavirus>