

List of basic necessities

Thermal blankets¹

Sleeping bags

Sleeping mats (with plastic covering)

Mattresses

Clothes (collected together with NGOs and charities)

Raincoats

Personal care and hygiene products

Body cleansers

Toothpaste

Toothbrushes

Hairbrushes

Women's underwear

Men's underwear

Children's underwear

Towels

Baby nappies

Adult nappies

Paper towels

Microfibre towels

Set of reusable kitchen utensils: bowls, spoons, forks, knives, cups (material: food grade silicone or plastic)

Antiseptics/disinfectants

Reusable masks or packaged of reusable masks

Food: Water, instant food, energy bars, dried fruit, nuts, canned food, pasta, instant cereals

Matches

Batteries

Lighters

Candles

Medical kits